

CONTENTS

S. No.	Lesson	Page No.
1.	Never Compare Yourself with Other	5
2.	Great Persons of India	9
3.	Don't Leave Your Work for Tommorow	13
4.	Eat Healthy - Be Strong	18
5.	Exercise Keeps us Healthy	22
6.	A Foolish Lion	26
7.	Obey Your Elders	30
8.	Honesty is the Best Policy	35
9.	How to Make God Happy	38
10.	True Friendship	42
11.	Safety First	46
12.	Teamwork and Cooperation	50
13.	People Who Help Us	54
	Model Test Paper – I	59
	Model Test Paper – II	61
	Model Test Paper – III	63

1

Never Compare Yourself with Others

One day, Priyanka was sitting near the window and was looking outside. She seemed to be very sad and she was crying because she could not win the race competition. Her friend Deepika won the race. All of a sudden, a fairy appeared before her and said, “Cheer up, Priyanka. Don't be upset. Last week you won the drawing competition. You can draw and paint, but Deepika can't. Same way she can run very fast but you can't. Above all both of you are special. Everyone of us is special. Never compare yourself with others. Always remember you're very special”. Then, the fairy sang a song :

You are very special

“You're very special - You really are

You're the only one

Like you there isn't another in the whole universe.



Who can do the things you do because
You're special, very special
Everyone is special
Everyone in his or her own way
Indeed, you're special very special

Everyone is special

Everyone is special in his or her own way!
The world is better because you're here
You should know that you're very special!"
After listening to the song, Priyanka became happy.
She knew she was very special.



Let's Give a Thought

- Never compare yourself with others. Each one of us is special in his or her own way.
- God has made each of us in a strange way.
- Everyone is special in his or her own way.
- The world is better because all of us is here.



Keep in Mind

- ◎ Everyone of us is special.
- ◎ No one is like anyone else in this world.
- ◎ We should never compare ourselves with others.
- ◎ You are the only one like you in the whole world.

Exercise

A. Multiple Choice Questions (MCQs).

Tick (✓) the correct answer.

- Priyanka was sitting near the
(a) gate (b) garden
(c) door (d) window
- Never yourself with others.
(a) compare (b) relate
(c) judge (d) None of these
- won the race.
(a) Deepika (b) Preeti
(c) Priyanka (d) Both (a) and (b)

B. Write 'T' for True and 'F' for False statements.

- Always compare yourself with others.
- Your presence does not make the world better place.
- Priyanka won the race.

C. Answer the following questions.

- Who had won the race ?
- Where did Priyanka show her excellence ?
- Why was Priyanka upset ?
- What made Priyanka feel happy ?

D. Fill in the blanks with correct words given in the box.

you special compare know better

- Everyone of us is
- You should not yourself with others.

3. The world is because you're here.
4. are the special one.
5. You should that you are very special.

E. Pair work.

Form a pair of two friends and each of you take turns read and learn the poem "You are very special" loudly in the class.



Time To Do

A. Paste your photograph and write four lines about why you are very special ?

"I am very special"

.....

.....

.....

Stick here
your photograph

B. Join the dots and colour the picture beautifully.



Teacher's Note

Tell the students that we should never compare ourselves with others.

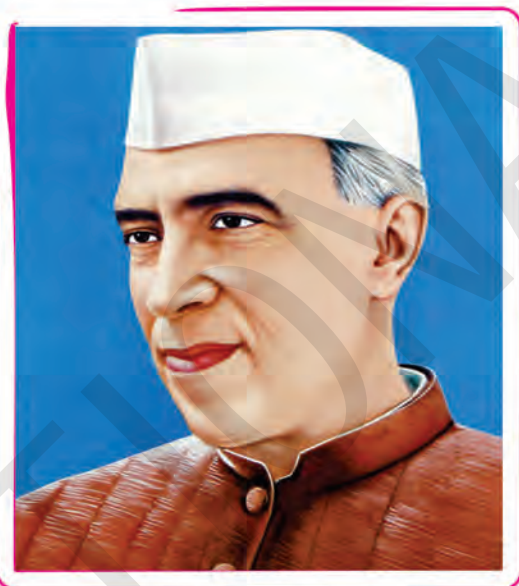
2

Great Persons of India

These are the pictures of some great persons. Have you listen about them? Let us study about them :

Pt. Jawaharlal Nehru

Pt. Jawaharlal Nehru was the first Prime Minister of free India. He loved children very much. He was known as the “Architect of modern India”. Children with love, called him “Chacha Nehru”. His birthday, 14 November, is now celebrated as Children’s Day.



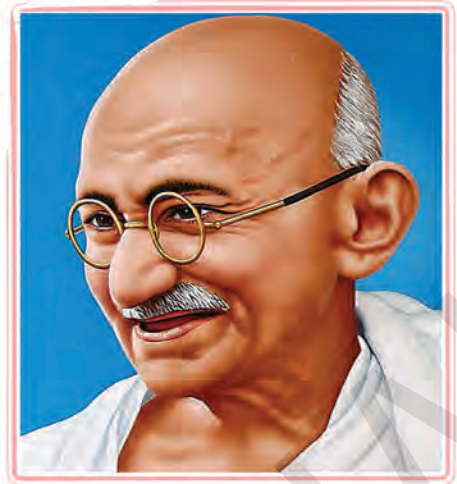
Mother Teresa

Mother Teresa was a great woman. She worked for the poor and the sick people whose lives were full of pain and suffering. She got the Bharat Ratna for her remarkable humanitarian work and the Noble Peace prize award. The Missionaries of Charity was founded by her. An international organization for the service of the poor, the orphans and the dying was also founded by her.



Mahatma Gandhi

Mahatma Gandhi was a great leader. He is very famous in India as Bapu and the 'Father of the Nation'. He struggled against the Britishers in India. He was a great freedom fighter. His biggest aim was to end untouchability in India. He also fought against the caste system. He followed two principles 'Ahimsa or non-violence' and 'Truth'. He worked for the welfare of the poor and deprived people.



Dr. B.R. Ambedkar

Dr. B.R. Ambedkar popularly known as Babasaheb. He also fought a war against the caste system. He wanted to improve the miserable condition of the untouchables in India. He got the Bharat Ratna award. He prepared the Indian Constitution.



Let's Give a Thought

- Mahatma Gandhi, Mother Teresa, Jawaharlal Nehru and B.R. Ambedkar were the great persons of this world. They brought light to the world. They tried to bring happiness into other people's lives.
- We must follow the principles of these great persons.
- We should also try to bring happiness into others' life.
- We should always help the poor and needy people.



Keep in Mind

- ⊙ We should never make fun of anyone's poverty.
- ⊙ We must follow the ideals and issues of our great leaders.
- ⊙ As far as possible, we should help the needy persons.
- ⊙ We should not be selfish but think about the welfare of others also.

Exercise

A. Multiple Choice Questions (MCQs).

Tick (✓) the correct answer.

1. got the Bharat Ratna award.

(a) Dr. B.R. Ambedkar	<input type="checkbox"/>	(b) Mahatma Gandhi	<input type="checkbox"/>
(c) Mother Teresa	<input type="checkbox"/>	(d) All of them	<input type="checkbox"/>
2. The principle followed by Gandhi was

(a) Violence	<input type="checkbox"/>	(b) Lie	<input type="checkbox"/>
(c) Ahimsa	<input type="checkbox"/>	(d) None of these	<input type="checkbox"/>
3. is celebrated on 14 November.

(a) Children's Day	<input type="checkbox"/>	(b) Independence Day	<input type="checkbox"/>
(c) Teacher's Day	<input type="checkbox"/>	(d) Republic Day	<input type="checkbox"/>

B. Answer the following questions.

1. What are two principles that Gandhiji always followed ?
2. Who worked for the poor and the sick people ?
3. Who is known as the "Architect of Modern India" ?

C. Fill in the blanks with correct words given in the box.

Indian Mahatma Gandhi Nobel prize

1. Mother Teresa won the for peace.
2. is also called Bapu.
3. Dr B.R. Ambedkar prepared the Constitution.



D. Match the following.

Column 'A'

1. Jawaharlal Nehru
2. Mother Teresa
3. B.R. Ambedkar
4. Mahatma Gandhi

Column 'B'

- a. Constitution of India
- b. Missionaries of Charity
- c. First Prime Minister of free India.
- d. The Father of Nation



Time To Do

Stick the pictures of Mother Teresa, Mahatma Gandhi, Dr. B.R. Ambedkar and Pt. Jawaharlal Nehru and write their names in the space provided.

a.

b.

c.

d.



Teacher's Note

Tell the students about the role great persons of India.

3

Don't Leave Your Work for Tomorrow

Once upon a time in a forest the animals decided to have a cake baking competition. A big gift would be given to the winner. A free trip to the Disney Land in America was also offered in the prize. All the animals were excited about the competition. Everyone wanted to go to the Disney Land. Even the hare and the tortoise wanted to enter into the competition.



Next morning, the tortoise brought a good recipe book for baking cakes from his friend. Seeing the recipe book, the hare said to the tortoise, "Why are you worrying of the contest so soon? There are so many days left for the competition."



The hare was making fun of the tortoise. He could not understand why the tortoise was thinking



about the competition so soon. There was so much time. But the tortoise kept on preparing for the competition.

The tortoise chose a good recipe from the book. He made a list of the things he needed, bought them from the market and baked the cake three days before the contest. The tortoise also decorated the cake with colourful candles on it and he sent the cake for the competition much before the last date.



On the other hand, the hare spent his time in playing with his friends. Just two days before the competition, he thought to bake the cake. There



was too much work to do. He had to think of a recipe for a quick and easy cake. Quickly he ran to the market to buy the things needed to make the cake. But there was no flour and no sugar in the shop. The hare requested the fox to arrange the things.

At last the hare started his work of baking the cake. But it was not fluffy. It was flat and lumpy. The hare had forgotten to add sugar in hurry. There was no time to bake another cake for the competition. Now the hare was very tensed and started weeping.

The tortoise won the first prize. He baked the best cake. The sad and disappointed hare watched the tortoise receiving the prize proudly. Everyone was cheering the tortoise.



Let's Give a Thought

- You must do your work on time.
- You should always be well prepared for the coming competition.
- Whatever you can do today, don't leave it for tomorrow.



Keep in Mind

- ⊙ It is always good to be prepared for forthcoming challenge.
- ⊙ Don't take any task as easy.
- ⊙ Time and Tide wait for none.
- ⊙ Don't make fun of others.

Exercise

A. Multiple Choice Questions (MCQs).

Tick (✓) the correct answer.

1. The won the prize.

(a) Hare

(b) Tortoise

(c) Tiger

(d) None of these

2. Who brought a recipe book?

(a) Tortoise

(b) Hare

(c) Tiger

(d) None of these

3. Who was very tensed?

(a) Hare

(b) Tortoise

(c) Both (a) and (b)

(d) None of these

B. Write 'T' for True and 'F' for False statements.

1. Hare participated in the drawing competition.

2. Everyone was cheering the tortoise.

3. The hare did not want to go to Disney Land.

4. Tortoise bought everything from the market.

C. Answer the following questions.

1. What was the prize for the competition?
2. Who prepared the cake on time ?
3. Name the competition which was decided by the animals.
4. When did the tortoise send its cake for the competition ?

D. Fill in the blanks with correct words given in the box.

Disney cake baking first tortoise

1. The tortoise's cake won the prize.
2. Animals decided to have a competition.
3. Everyone wanted to go to the Land.
4. The hare was making fun of the



Time To Do

Write five lines on 'how any race can be won'.

1.
2.
3.
4.
5.



Teacher's Note

Teach the students the advantages of being well prepared for the coming examination/ competition/ challenge.

