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1

About Me



LEARNING OBJECTIVE

- Knowing about your own self.



I can comb my hair and fasten my shoelaces,
All by myself! I can wash my hands and wash my face,
All by myself! I can put my toys and books
back in place, all by myself!



Hi friends!
I am Arjun. I am a boy.
I am six years old.
I have grown up.



Paste your photographs here:



Let Me Answer

1. How old are you?
2. Do you know the address of your home?

TEACHER'S NOTES

Assist students to know more about themselves in detail. Encourage them to recognise the significance of self-improvement over self-limitation.

Exercise

A. Fill in the blanks.

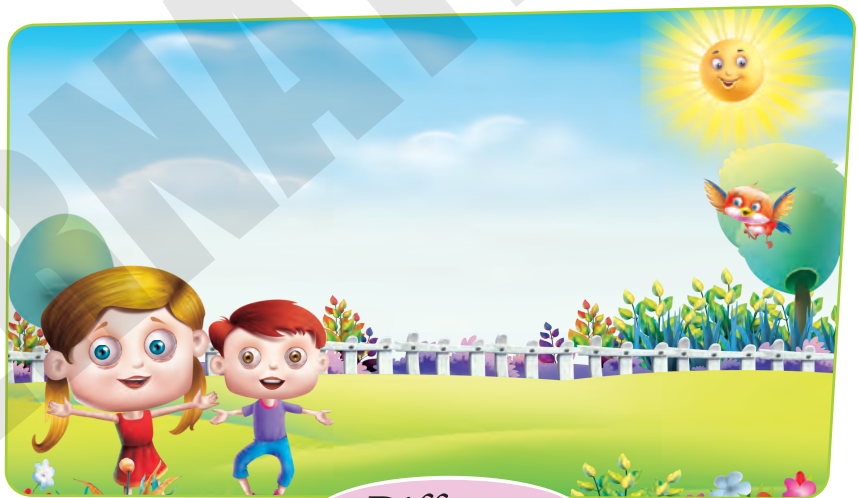
- My name is _____.
- I am a _____ (boy/girl).
- I am _____ years old.
- I study in class _____.
- I live in _____ (name of the city).
- I have _____ brother(s) and _____ sister(s).
- The name of my school is _____.
- My class teacher is _____.
- I love playing _____.
- _____ is my best friend.



infobits

The full form of an ID card is an Identification Card.

B. Look at your friend carefully. Write three things that are the same and three things that are different between you and your friend.



Similar

Different

- _____
- _____
- _____



Paste or draw the pictures of your likes and dislikes here!

My Likes



My favourite vegetable

My favourite toy

My favourite fruit

My favourite chocolate

My favourite colour



My Dislikes

The vegetable I do not like to eat.

The game I do not like to play.

The fruit I do not like to eat .



LEARNING OBJECTIVE

- All living things grow
- Different stages of plants, animals and human beings

All Living Things Grow

Plants, animals and human beings are living things. When we grow, our body parts also grow. This happens with all living beings.

Different Stages of Plants, Animals and Human Beings



A plant grows into a tree.



Let Me Answer

1. What sound does a cock make?
2. Have you ever planted a tree?



A chick grows up to become a hen.



A boy grows to become a man.



A girl grows to become a woman.

TEACHER'S NOTES

Guide the students to understand the process of development in living beings.



We are born as babies.
The mother takes care of her baby.

From a baby, we grow up to be
a young boy/girl.



Young boy/girl grows up as teenager.



Teenagers grow up to become adults.



After many years, we grow **old**.
Our hair turns grey and our body
becomes weak.

infobits

When we grow, some body features change and some remain the same. Write 'same' or 'change' against each feature.

Every young child grows to look similar to their parents.

Features

Same or Change

Colour of eyes

Height

Number of fingers

Colour of hair

Weight



Summary

- ✦ All living things grow.
- ✦ A plant grows into a tree.
- ✦ A chick grows up to become a hen.
- ✦ A baby grows up to be a girl or a boy.

Exercise

A. Tick (✓) the correct option.

a. We are born as _____.

babies



adults



old



b. As we grow older, we become _____.

weak



strong



healthy



B. Fill in the blanks.

a. A boy grows to become a _____.

b. A girl grows to become a _____.

c. Teenagers grows to become _____.

d. We are born as _____.

C. Answer the following questions.

a. Do all living things grow?

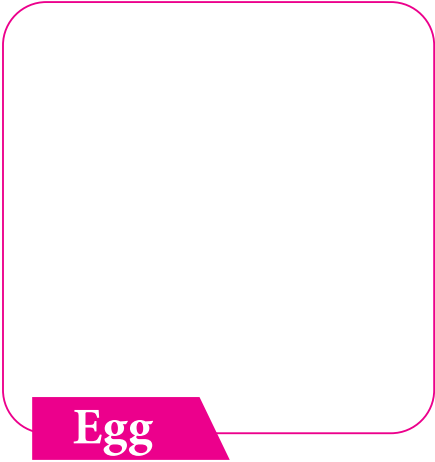
b. Who takes care of a baby?

c. What does a plant grow into?

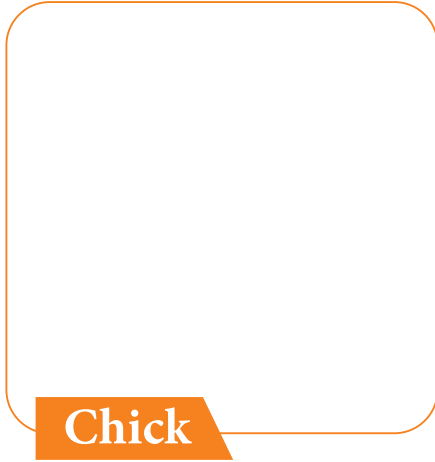
Activity Time



Paste the pictures to show the order of growth.



Egg



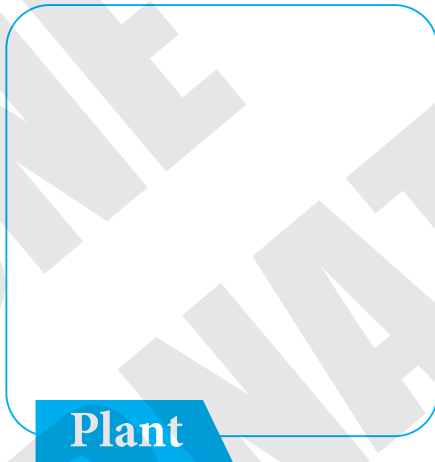
Chick



Hen



Seed



Plant



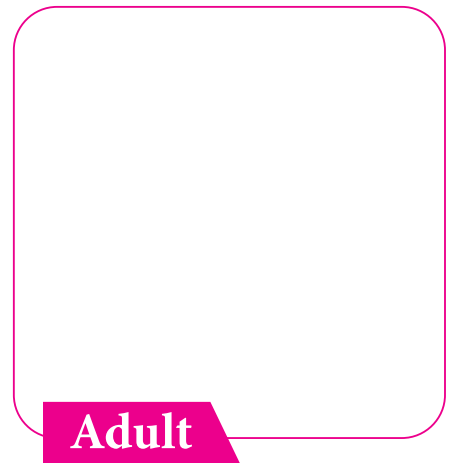
Tree



Baby



Child



Adult