



INDEX

S. No.	Chapters	Page No.
	Unit-1: All About Me	
1.	Introducing Myself	5
2.	My Body Parts	7
3.	My Family	11
4.	I Keep Myself Clean	15
	Revision Test Paper-I	20
	Unit-2: My Needs	
5.	Growing Up	21
6.	My Home	23
7.	Our Food	27
8.	Our Clothes	31
	Revision Test Paper-II	35
	Model Test Paper-I	36
	Unit-3: My Neighbourhood	
9.	Our Neighbourhood	38
10.	People Who Help Us	42
11.	My School	45
12.	Festivals We Celebrate	47
	Revision Test Paper-III	52
	Unit-4: Travel All Around	
13.	Transport We Use	53
	Unit-5: Our Natural Environment	
14.	The Sky	57
	Unit-6: Plants and Animals Around Us	
15.	Plants Around Us	60
16.	Animals Around Us	65
	Revision Test Paper-IV	70
	Model Test Paper-II	71



Introducing Myself



LEARNING OBJECTIVE

- Make children able to introduce themselves.
- Recognise the capabilities that children have .



Hello friends!
My name is Gaurika.
I am a girl.
I am five years old.

Hi! I am Mayank.
I am a boy.
I am Gaurika's brother.
I am eight years old.
We have many friends.



Are you a boy or a girl? _____

TEACHER'S NOTES

Allow pupils to use the exercise to study and discuss themselves with their friends.

A. Fill in the blanks.

- a. I am _____.
- b. I am a _____.
- c. I am _____ years old.
- d. I like to _____ books.
- e. I study in _____.

**B. Answer the following questions.**

- a. What is your name?

- b. Where do you live?

Activity Time **Draw pictures of your favourite things here.****Toy****Fruit****Let Me Answer** 

What is your age?



My Body Parts

LEARNING OBJECTIVE

- Different parts of our body.
- Functions of different body parts.



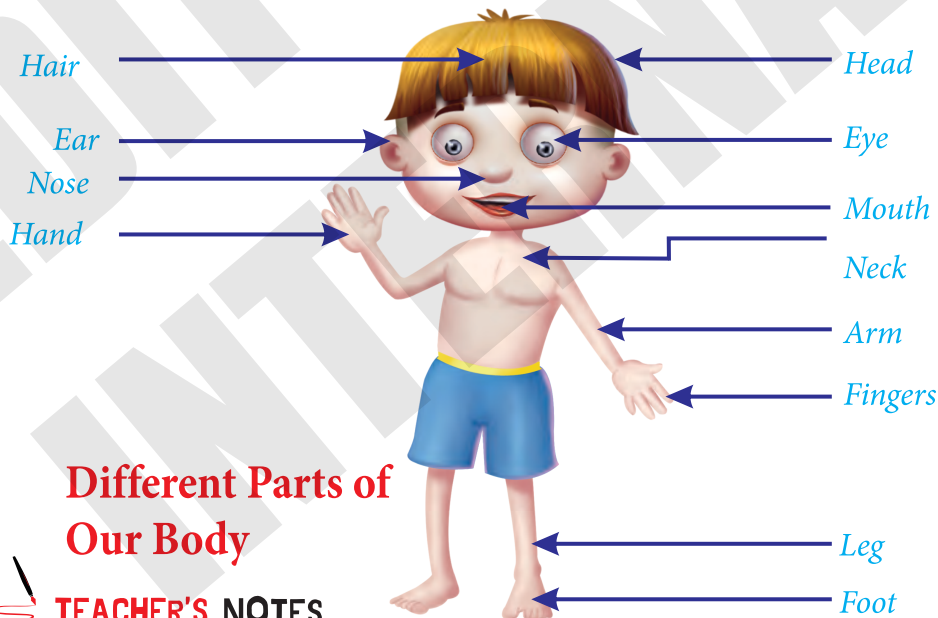
Ten little fingers, ten little toes,
two little ears and one little nose,
two little eyes that shine so bright,
one little mouth to kiss mama good night!



Different Parts of Our Body

Do all of us look the same?

- * All of us have the same body parts. Yet, we look different.
- * Each part of our body has a different name.
- * Our face has many parts.
- * All of us should keep our body neat and clean.



infobits

The brain is the control master of our body.

Different Parts of Our Body

TEACHER'S NOTES

Instructing pupils to clean all of their body parts.

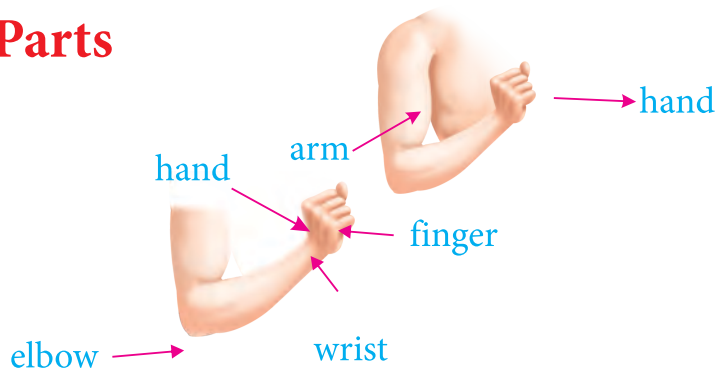
Functions of Different Body Parts

Arms and Legs

We have two arms and two legs.

Each hand has five fingers.

We use our hands to



Hold things



Write and draw



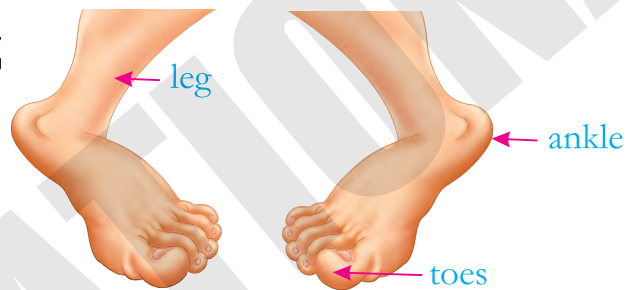
Pick things



Brush

We have two legs and two feet. Each leg has one foot. Each foot has five toes.

Legs help us to



Stand



Walk



Run



Kick


We all have the same body parts.

But we look different.

Some of us are tall and some are short.

Some of us have curly hair and some have straight.

Some of us have black eyes and some have brown.

Let Me Answer 
How many fingers do you have?

Summary

- ★ Our body has many parts.
- ★ We use our hands to write, pick things, brush and eat.
- ★ We use our legs to walk, run and kick.

Fact Finder

- Our body is covered with skin.
- All fingers have their special names.

Exercise

A. Tick (✓) the correct option.

a. How many eyes do you have?

One Two Three

b. How many fingers are there in each hand?

Four Five Six

c. We use our hands to

write hold things both

B. Write how many of each of these parts do you have.

a. Eyes b. Ears c. Nose

d. Fingers e. Mouth f. Legs

g. Arms h. Thumbs i. Toes

C. Answer the following questions .

a. How many eyes do you have?

b. How do hands help us?

c. How do legs help us?

d. How many fingers do you have in each hand?

Activity Time

Paste your full body photograph here and label the parts of the body.

